



## City of Stamford Department of Health

*Safeguarding the Public's Health*

### **2019 Novel Coronavirus (COVID-19) Instructions for Residents**

- 1. Stay in your room at all times. Please lock your door from the inside.**
- 2. No smoking, vaping, drug, or alcohol use in this facility**
- 3. No loud music playing**
- 4. No visitors or outside delivery will be allowed**
- 5. Wash your hands frequently**
- 6. Measure your temperature daily**
- 7. Come to the door with mask on at all times**
- 8. Delivery of meals**
  - a. Meals will be delivered outside your door for pick up between 7 am and 9 am or 11 am to 12 pm.
  - b. Wait until the delivery person has left before opening the door to pick up your meals
  - c. You will receive meals 3 per day for each delivery.
- 9. Garbage pickup**
  - a. You will be required to bag your garbage and place it outside your door for pick-up.
  - b. Garbage pick-up days are Tuesdays and Thursdays.
- 10. WiFi**
  - a. WiFi can be accessed by selecting **UConn Guest**
- 11. Discharge day**
  - a. You will be required to remove the linen from the bed and place the bed linen and towels into a bag, tie the bag and place it outside your door.
  - b. You will be required to place your garbage in a bag outside your door
- 12. Wellness Checks**
  - a. A Department of Health staff will call you daily on your cellphone to assess your symptoms. You will be required to measure your temperature daily and report them.

**Failure to comply with these instructions may result in law enforcement being called**

## 2019 Novel Coronavirus (COVID-19) Temperature Log

Name \_\_\_\_\_

Log your daily temperature readings below

Registre sus lecturas diarias de temperatura a continuación

	DAY (DIA)						
	1	2	3	4	5	6	7
Temperature #1							
Temperature #2							

	DAY (DIA)						
	8	9	10	11	12	13	14
Temperature #1							
Temperature #2							

### Maintenance Emergencies

**Maintenance Emergencies:** Below are the items that constitute an emergency.

- Clogged toilet if there is only one bathroom
- Sewer back up
- No water
- Frozen pipes
- No heat when interior temperature is below 62 degrees
- No air conditioning when interior temperature is above 85 degrees
- Major water leak

Should you experience a maintenance emergency please dial (203) 247-1877

**For any Medical Emergencies please dial 9-1-1**

**Any questions dial (203) 247-1877 for the site manager during the hours of  
6:00am-9:00pm.**